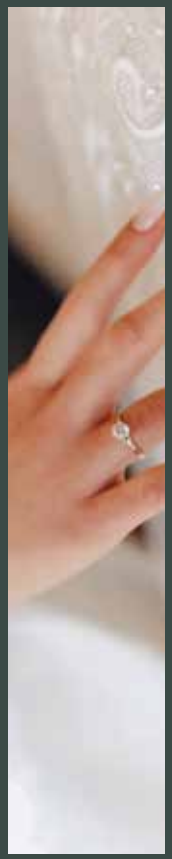
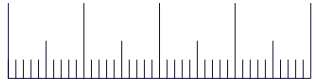
Ring Size Guide



Print configuration: VT Luxurious by Internation ring size chart.

Before continuing, use a ruler to confirm that the printed sample below measures exactly 40mm. To ensure accuracy, check your printer settings and make sure that 'page scaling' is set to 'none' or 'actual size'—do not scale or shrink the page. Please note that if this step is not followed correctly, the ring size measurements will be inaccurate.

VT/
Luxurious



SIZE IN CENTIMETER

VT LUXURIOUS

How to Find Your Ring Size with VT Luxurious Guide

INSTRUCTIONS

Print the ring size guide and confirm the scale is accurate (refer to the instructions above).

Take a ring you already own and place it over the circles on the Ring Size Chart on page 2. The inner edge of your ring should align exactly with the outer edge of the printed circle. The best-fitting circle indicates your ring size.

If your ring fits between two sizes, choose the larger one for a more comfortable fit.

If needed, refer to the International Ring Size Conversion Chart on page 3 to compare your result across different size systems.

Please note that different countries use different sizes, so please compare and convert your ring size using the International Conversion Chart on page 3.



size 44	size 45	size 46	size 47	size 48	size 49
14.01 mm	14.33 mm	14.65 mm	14.97 mm	15.29 mm	15.61 mm
size 50	size 51	size 52	size 53	size 54	size 55
15.92 mm	16.24 mm	16.56 mm	16.88 mm	17.20 mm	17.52 mm
size 56	size 57	size 58	size 59	size 60	size 61
17.83 mm	18.15 mm	18.47 mm	18.79 mm	19.11 mm	19.43 mm
size 62	size 63	size 64	size 65	size 66	
19.75 mm	20.06 mm	20.38 mm	20.70 mm	21.02 mm	
size 67	size 68	size 69	size 70	size 71	
21.34 mm	21.66 mm	21.97 mm	22.29 mm	22.61 mm	



Ring Size Chart – European Sizes

International Conversion Chart

Diameter (mm)	Europe	India	UK, Australia & South Africa	United States & Canada	China	Singapore & Japan	Hong Kong
14.01	44	4	F½	3	6	4	6
14.33	45	5	G			5	
14.5			G½	3½	7		7.5
14.65	46	6	H			6	
14.97	47	7	H½	4	8	7	9
15.1			I		9		
15.29	48	8	I½	4½		8	10
15.5			J				
15.61	49	9	J½	5	10	9	11
15.92	50	10	K				
16.1			K½	5½	11	10	12
16.24	51	11	L				
16.56	52	12	L½	6	12	11	13
16.7			M		13	12	
16.88	53	13	M½	6½		13	14.5
17.1			N		14		
17.2	54	14	N½	7		14	16
17.52	55	15	O		15		
17.7			O½	7½		15	17
17.83	56	16	P		16		
18.15	57	17	P½	8	17	16	
18.2							18
18.3			Q				
18.47	58	18	Q½	8½	18	17	19
18.79	59	19	R				
19.0			R½	9	19	18	20.5
19.11	60	20	S		20		
19.43	61	21	S½	9 ½		19	22
19.6			T		21		
19.75	62	22	T½	10		20	23
20.0		23	U		22	21	
20.06	63	24	U½	10½		22	24
20.38	64		V		23		
20.6		25	V½	11		23	25
20.70	65		W		24		
21.02	66	26	W½	11½	25	24	26
21.2			X				
21.34	67	27	X½	12	26	25	27.75
21.6		28	Y				
21.66	68		Z	12½		26	
21.97	69	29	Z½				
22.29	70	30		13		27	30
22.4			Z+1				
22.61	71	31	Z+2	13½			
22.9		32					
23.2		33					
23.5		34					
23.9		35					
24.2		36					



About the Ring Sizer Guide

The Ring Sizer Guide is a simple yet accurate tool designed to help you find your perfect ring size from the comfort of your home. Whether you're selecting a ring for yourself or as a meaningful gift, getting the right fit is essential for both comfort and elegance.

Our guide offers easy-to-follow steps, allowing you to measure your ring size using either a ring you already own or by wrapping a strip around your finger. It also includes a printed ring size chart and an international conversion table, so you can confidently determine your size no matter where you are in the world.

For best results, always ensure the guide is printed at 100% scale (actual size) and follow the instructions carefully. With precise measurements and global sizing references, the Ring Sizer Guide ensures that every Forevermark ring fits as beautifully as it looks.



Helpful Tips for Finding the Right Ring Size

Consider Environmental and Physical Factors

When choosing a ring size, it's important to keep in mind that several physical and environmental elements can affect finger size. If you're estimating your partner's size, it's always safer to err on the larger side, as resizing a ring down is typically easier than making it larger.
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Average Ring Sizes

As a general guideline, the average ring size for women falls between 49 and 54 (EUR), while men's sizes usually range from 57 to 62 (EUR). If you're unsure and have no way to measure directly, selecting a size within these ranges is a safe place to start.

Best Time to Measure

Fingers naturally swell slightly throughout the day. Evening is the ideal time to measure ring size, as fingers are typically at their largest. This helps ensure the ring will fit comfortably at all times.
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Temperature Matters

Temperature has a noticeable impact on finger size. Cold weather causes fingers to shrink, while heat and humidity can make them expand. For the most accurate measurement, avoid sizing outdoors during very cold or hot conditions. Keep in mind that fingers naturally expand and contract, so it's best to measure under normal room temperatures.

Ring Fit Preference

Everyone has a different comfort level when it comes to how a ring fits. Some prefer a snug fit that stays firmly in place, while others like a looser feel that's easy to slide on and off. Keep the wearer's lifestyle and personal preference in mind—especially if they work with their hands or prefer minimal jewelry.

Wider Bands Fit Tighter

Rings with wider bands (over 6mm) tend to feel tighter on the finger. If you're choosing a thicker band, it's recommended to opt for half a size larger to ensure a comfortable fit.

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Additional Considerations

Several factors can cause fingers to increase in size, including exercise, water retention, pregnancy, ageing, and arthritis. On the other hand, weight loss and exposure to cold temperatures can cause fingers to become slimmer.

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Disclaimer

Please note that this ring sizing guide is intended for general reference only. De Beers Forevermark cannot be held liable for inaccuracies or sizing issues resulting from the use of this guide.

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